

CATALYST FACT SHEET



WHAT IS CATALYST?

Catalyst is an SGCH service designed to help you find and maintain suitable training and/or employment.

There are three parts to Catalyst:

COACHING

Catalyst Coaching gives you the opportunity to meet with a member of our Employment Opportunities Team to:

- discuss your interest in training or employment
- discuss your career aspirations and define your career goals
- get help with your resume or cover letter
- get help looking for training and employment opportunities
- get help preparing and practising for interviews
- continue receiving support once you are in training or employment
- receive a referral to specialised training or employment services.



TRAINING

Catalyst Training provides you with the skills you need to enter the job market, through:

- offering an in-house tailored Job Skills workshop four times a year
- suggesting appropriate third party training courses to you.

Third party training courses

The Employment Opportunities Team can help direct you to relevant third party training courses, eg TAFE, Registered Training Organisations.

Job Skills workshops

We run tailored job skills workshops throughout the year, designed to improve the quality of your job applications, increase your confidence in securing employment and keep you motivated in the job search journey. The workshop covers:

- Resume writing: How to tailor your resume to specific roles.
- Cover letters: Write a cover letter that will stand out from other applicants.
- Interview preparation: Learn how to prepare for interviews.
- Interview practice: Put your new skills into practice during mock interviews.

See the job skills workshop flyer for more information, dates and times, or speak to our Employment Opportunities Team.

FINANCIAL ASSISTANCE

Catalyst Financial Assistance helps you overcome any financial barriers which might stop you from starting training or employment. Financial assistance may be available for things like:

- accredited training administration fees
- employer-required training
- work-related licensing (eg Construction White Card)
- pre-employment checks (eg national police check).

Financial assistance is available on a case-by-case basis, and the amount will depend on your individual needs. For more information on how Catalyst Financial Assistance works, please see the Catalyst Financial Assistance guidelines or speak to our Employment Opportunities Team.

WHO CAN USE CATALYST?

Any SGCH tenant or household member who is looking for training or employment can use Catalyst. There are some additional eligibility criteria for people wishing to access Catalyst Financial Assistance.

HOW CAN I ACCESS CATALYST?

Please contact our Employment Opportunities Team to discuss whether Catalyst is suitable for your needs.



CONTACT

✉ Catalyst@sgch.com.au

☎ 1800 573 370

🏢 By appointment at:

Level 5, 38 Humphreys Lane,
Hurstville

4 Wall Street, **Bonnyrigg**

Ground Floor, 14-16 Chandos Street,
St Leonards

11 Gibbons Street, **Redfern**