

Factsheet



What is Catalyst?

Catalyst is an SGCH service designed to help you find and maintain suitable training and/or employment.

There are three parts to Catalyst:

Coaching

Catalyst Coaching gives you the opportunity to meet with a member of our Employment Opportunities Team to:

- discuss your interest in training or employment
- discuss your career aspirations and define your career goals
- get help with your resume or cover letter
- get help looking for training and employment opportunities
- get help preparing and practising for interviews
- continue receiving support once you are in training or employment
- receive a referral to specialised training or employment services.



Training

Catalyst Training provides you with the skills you need to enter the job market, through:

Job Skills Workshops

We run job application skills workshops, designed to improve the quality of your job applications, increase your confidence in securing employment and keep you motivated in the job search journey.

The workshop covers:

- Resume writing: How to tailor your resume to specific roles.
- Cover letters: Write a cover letter that will stand out from other applicants.
- Interview preparation: Learn how to prepare for interviews.
- Interview practice: Put your new skills into practice during mock interviews.

Third party training courses

The Employment Opportunities Team can help direct you to relevant third party training courses, eg TAFE, Registered Training Organisations.

Financial Assistance

Catalyst Financial Assistance helps you overcome any financial barriers which might stop you from starting training or employment. Financial assistance may be available for things like:

- interview presentation
- employer-required training and pre-employment checks
- work-related licensing and more



CONTACT US
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Or in person by appointment at:

- Level 5, 38 Humphreys Lane, Hurstville
- 4 Wall Street, Bonnyrigg
- Ground Floor, 16-18 Chandos Street, St Leonards
- 11 Gibbons Street, Redfern