

What's on – Inner West

Term 1 – 1 February to 12 April 2024


For more information call **CPP Team** on
1800 573 370, or email getinvolved@sgch.com.au

Connect with us online

 sgch.com.au/cpp-studio  Get Involved@SGCH  @sgch_ltd

Monday

Marrickville Outreach Office

- 10:00am-12:00pm 
- Fortnightly starting on 12 February
- Community Room, 438 Illawarra Rd, Marrickville

PlayZone – Parent and Bub Group

- 3:30pm-5:00pm
- Weekly (school terms)
- Community Room, 438 Illawarra Rd, Marrickville



Tuesday

TAFE Bicycle Maintenance Course

- 10:00am - 12:00pm
- Weekly 5 March to 2 April
- Community Room, 438 Illawarra Road, Marrickville



Tuning in to Kids

- 10:00am - 12:00pm
- Every Tuesday and Friday
- Ashfield Civic Centre, 260 Liverpool Road, Ashfield



Wednesday

PCYC Fit For Life

- Mornings
- Every Wednesday (high school aged) & Thursday (primary school aged) during school term
- 531 Illawarra Rd, Marrickville



PCYC Youth Get Active

- 4:00pm - 5:00pm
- Weekly (school terms)
- Common grassed area 438 Illawarra Road, Marrickville



3bridges Youth Zone

- 3:00pm - 5:00/6:00pm
- Every Wednesday and Thursday
- 131 Smith St, Summer Hill

Thursday

Inner City Aboriginal Reference Group

- 1:00pm - 2:00pm
- 22 February
- Ground Floor Community Room, 11 Gibbons St, Redfern

Marrickville South Collective Outreach Barbecue

- 3:00pm - 5:00pm
- 29 February & 28 March
- Louisa Lawson Reserve, Harnett Ave, Marrickville



The Footpath Library Free Books & Reading Glasses

- 3:00pm - 5:00pm
- 29 February & 28 March
- Marrickville South Collective, Louisa Lawson Reserve, 10 Roach Street, Marrickville.



Friday

Addi Rd Marrickville: Low-Cost Food Pantry

- Monday - Friday: 12:00pm - 4:00pm
- Wednesday including hot meals & street side medics: 12:00pm - 7:00pm
- 142 Addison Rd, Marrickville



Move It Gently – Tai Chi for Adults

- 1:00pm - 2:00pm
- Weekly from 9 February
- Community Room, 438 Illawarra Road, Marrickville.



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Marrickville Outreach Office

We are excited to have the outreach office back in Marrickville!
Come meet with your Tenancy Manager and Support Coordination team on Monday morning every fortnight! No RSVP is required, everyone is welcome!

PlayZone – Parent and Bub Group

A space for parents or carers of children 0-8 years to engage with their children, facilitated by Newtown Neighbourhood Centre and Connect Marrickville. No RSVP is required, everyone is welcome!

TAFE Bicycle Maintenance Course

Join Jim from TAFE NSW to learn how to identify, clean, service and maintain bikes as well as how to stay safe whilst riding.

RSVP is required. Register to **Mariam** (SGCH) on **8974 9710**.

PCYC Youth Get Active

Join PCYC for a fun-filled afternoon of sports and fitness activities. Healthy snacks are given at each session!
Available for youth aged 8-17.
No RSVP is required, everyone is welcome.

Tuning in to Kids

Join Metro Assist for a 6-week parenting workshop on how to create a strong emotional connection with your child.

Scan QR code to register.



PCYC Fit For Life

Through physical fitness, nutrition and social engagement, this program aims to improve overall wellbeing as well as to prevent and divert youth ages 10 - 17 from offending behaviours.

Referral required. Call 02 **9559 7722**.



3bridges Youth Zone

Join 3bridges for free drop-in centre and hang out space for young people aged 9-14 with sports, free food, youth workers, gaming and art! No RSVP is required, everyone is welcome!

For more info visit **@3bridges_youth** on Instagram.

Inner City Aboriginal Reference Group Meeting

SGCH is keen to meet with Aboriginal and Torres Strait Islander customers in the Inner West area. We would love to hear from you on how SGCH can work better with, and for, Aboriginal people.

RSVP is required. Register to **Bruce** (SGCH) on 02 **9001 4332**.

Marrickville South Collective Outreach Barbeque

Connect with community and your local services for a monthly BBQ hosted by MSC, and supported by Inner West Council.
No RSVP is required, everyone is welcome!

The Footpath Library : Free Books & Reading Glasses

Monthly services to access free books and reading glasses.
For more info contact **0410 824 816** or **angela@footpathlibrary.org**

Addi Rd Marrickville: Low-Cost Food Pantry

Fresh goods and a variety of non-perishable groceries and personal care items. Small cost per item.
No RSVP is required, everyone is welcome.

Move It Gently: Tai Chi for Adults

Join Alison for a FREE weekly gentle exercise/Tai Chi session for adult.
No RSVP is required, everyone is welcome!